Because It's not "all in your head" Development of an evidence-based model and treatment for Vulvodynia

Search	psychosocial factors and see how they relate to pain and sexual functioning
Identify	the most influential psychosocial factors
Develop and test	N-of-1 individualized online novel treatment in Vulvodynia that includes these processes

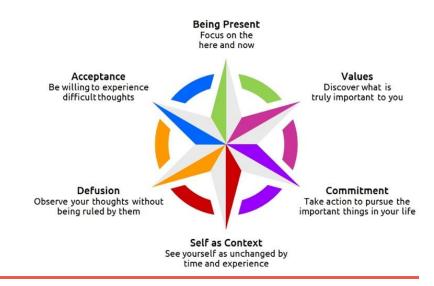
Perceived Injustice Body-exposure anxiety Depression







Psychological flexibility model



NIHR Maudsley Biomedical Research Centre